





A SUSTAINABLE TABLE

FOR MULTICULTURALISM AND INCLUSION





TRADITIONAL ROMANIAN RECIPES FOR EASTER

BY PIRJOLEANU ROXANA

LAMB SOUR SOUP





- 700 gr of lamb
- 2 onions
- 4 spring onions
- A carrot
- half a bell pepper
- half a parsnip
- Lovage
- a parsley root
- half a celery root
- 1/2 liter of borscht
- 200gr sour cream
- salt





Method of preparation:

- finely dice the onion, add the vegetables cut into long slices and boil for 1 hour.
- Dip the lamb in hot water, slice and add to the vegetables. Take the froth away and boil for another 30 minutes.



• Then add hot borscht, previously boiled, and spring onions, finally mincet and fried in fat. Abonati-va

Jamila Cuism

 Add salt and serve with finelly mincet parsley and lovage.



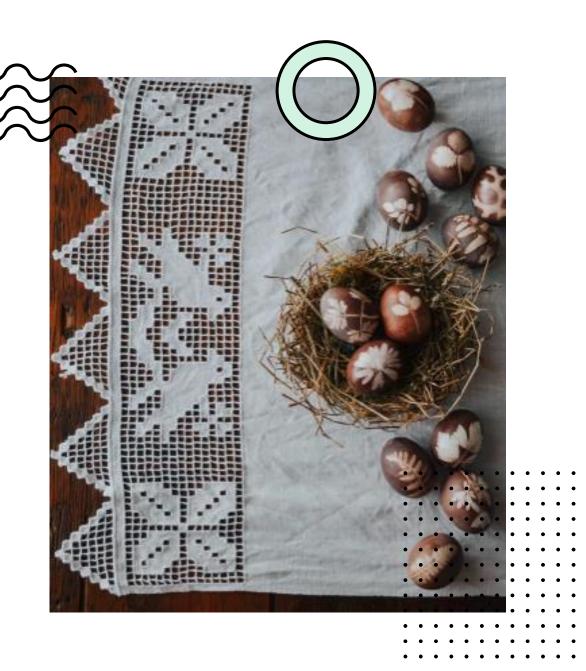




It can also be served with sour cream and hot pepper.

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ROMANIAN EASTER EGGS





What do you need:

- Eggs
- Red onion skin
- Water
- Vinegar
- Salt
- Different kind of leaves
- Stockings, cut into squares
- Oil







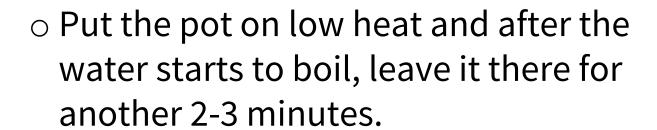
Steps:

 Prepare the stocking pieces and tie each piece at one end with a tight knot.

 Apply the leaves on the eggs and press lightly on them, to fix them well.

 Place the red onion peels in a pot, add the eggs, then pour water and vinegar and boil everything





 After that, let the eggs cool in the water.

 Take the eggs out, remove the stocking and the leaves and put them on a towel to dry.





rease the eggs with a little oil for gloss and place in the basket prepared in advance.



THANK YOU FOR YOUR ATTENTION!