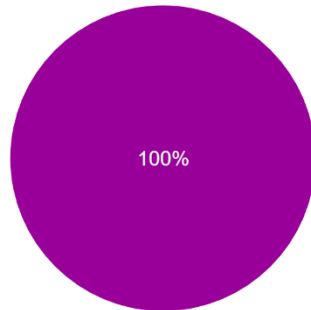


### 1. Where are you from?

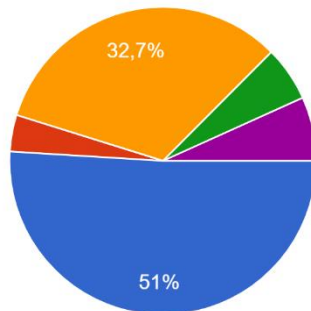
104 answers



- Italy
- Bulgaria
- Croatia
- Poland
- Romania

### 2. What age group are you in?

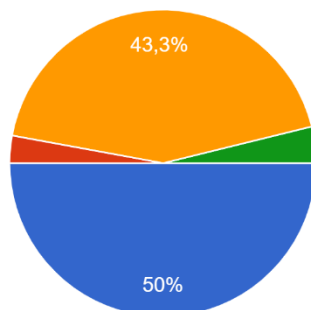
104 answers



- 14-18
- 19-30
- 31-50
- 51-60
- 60+

### 3. What is your position?

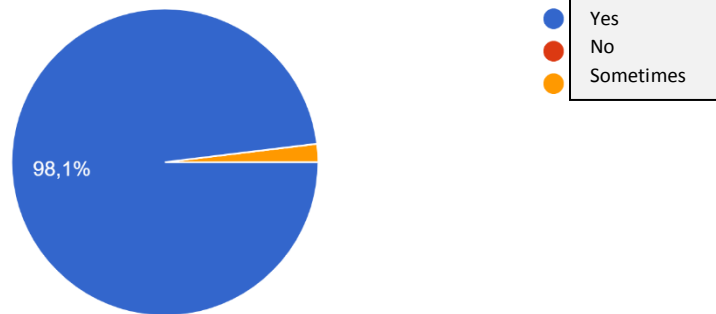
104 answers



- Student
- Housewife
- Employed
- Retired
- Unemployed

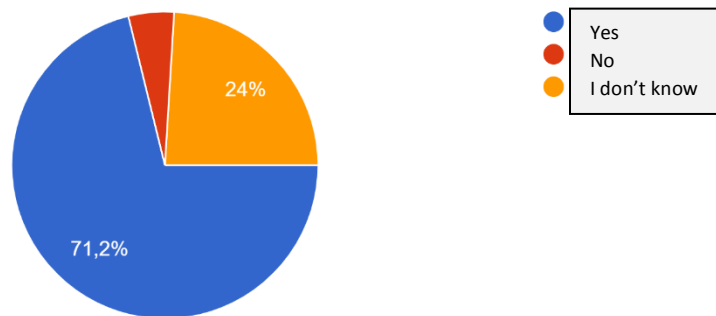
4. 'A sustainable living means respecting and protecting the environment for the future generations too.' Do you agree?

104 answers



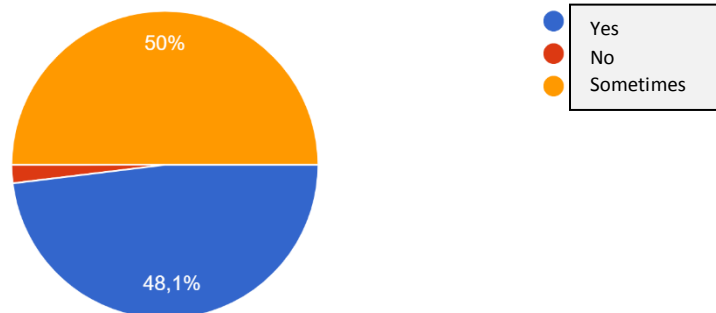
5. Can your cooking or eating habits be considered sustainable?

104 answers



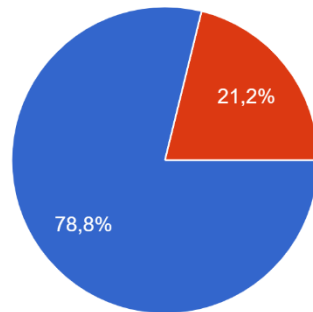
6. Do you usually buy groceries locally produced?

104 answers



7. Think of your daily meals. Do you know where the food on your daily table comes from?

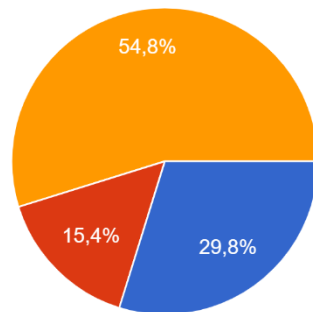
104 answers



- Yes, I always choose food considering the place it comes from
- It is not important for me to know this aspect

8. Do you look for organic products when you go shopping for food?

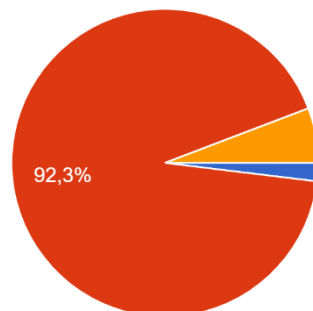
104 answers



- Yes
- No
- Sometimes

9. How many meals do you have daily?

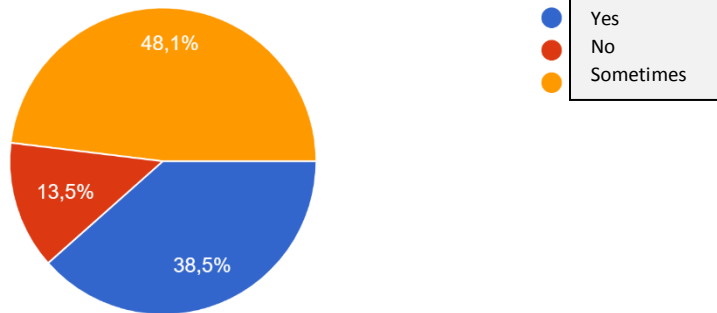
104 answers



- 1
- 2-4
- 5

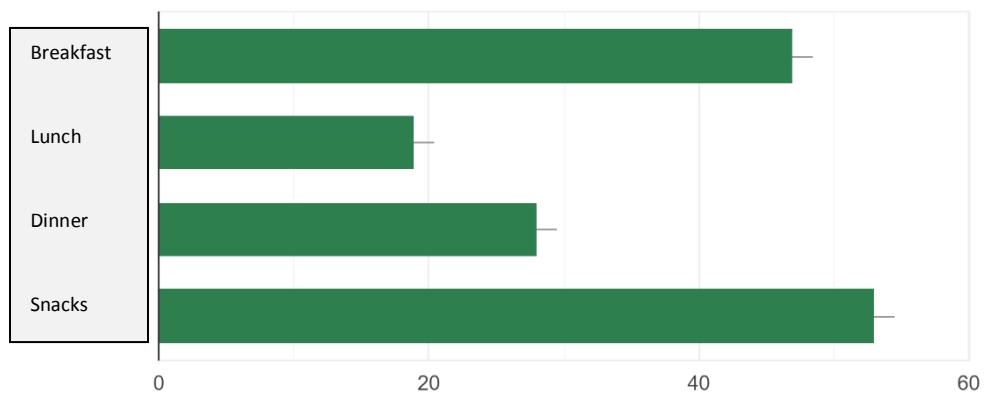
10. Do you ever skip one of the daily meals?

104 answers



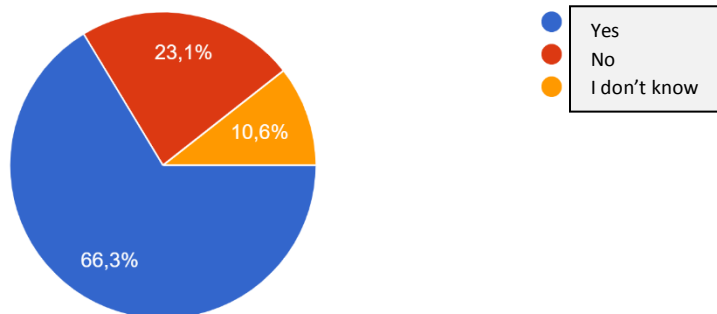
11. If yes, which of the daily meals do you skip?

104 answers



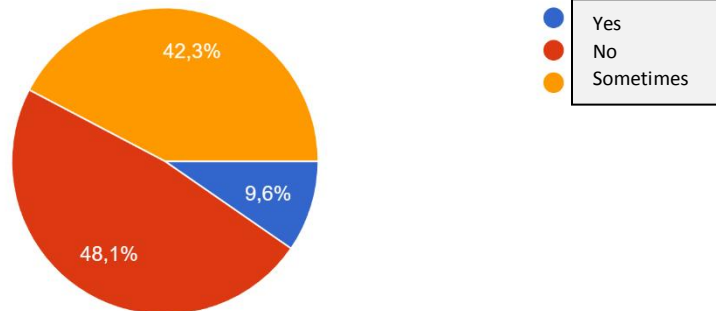
12. Is breakfast important in your daily diet?

104 answers



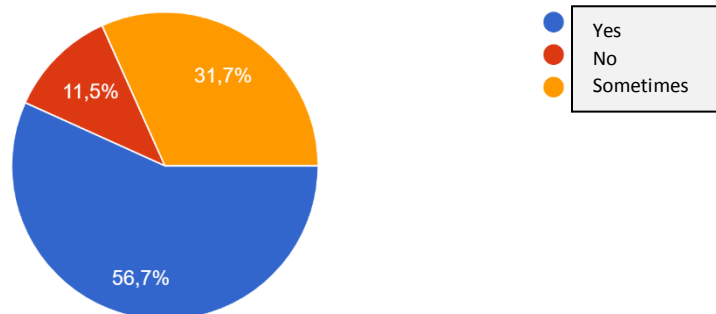
13. Do you have at least 5 portions of fruit or/and vegetables daily?

104 answers



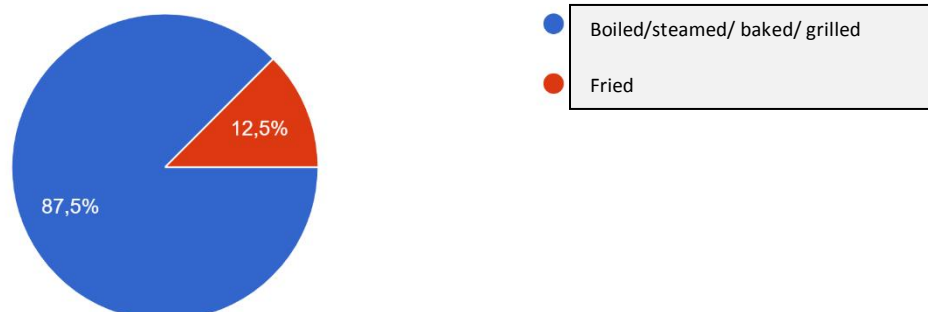
14. Do you choose low- fat products when it is possible?

104 answers



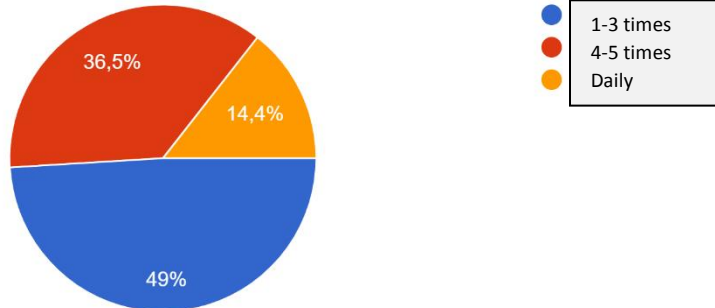
15. What type of food do you prefer?

104 answers



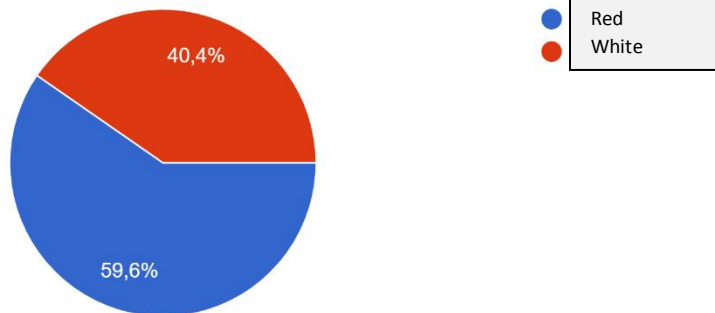
16. How many times a week do you eat meat?

104 answers



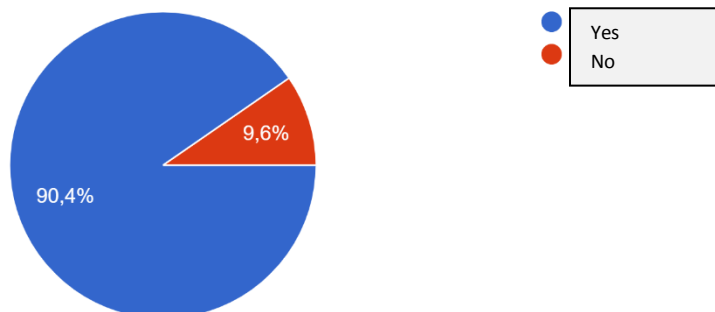
17. What kind of meat do you usually eat?

104 answers



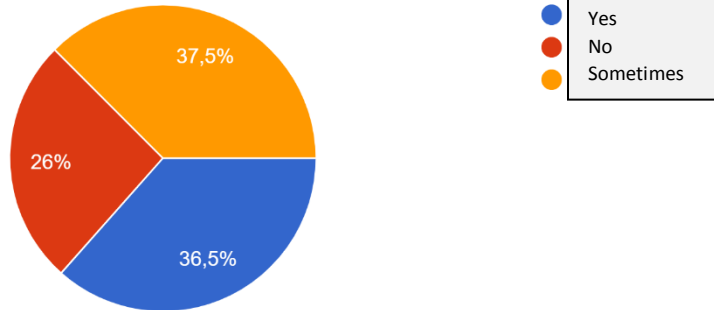
18. Do you ever eat fish?

104 answers



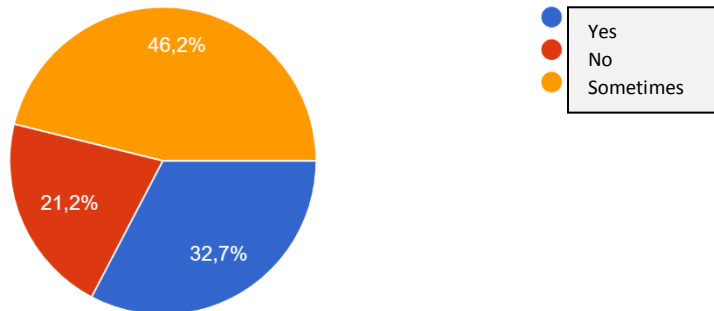
19. Of the starchy products, do you prefer the wholegrain ones?

104 answers



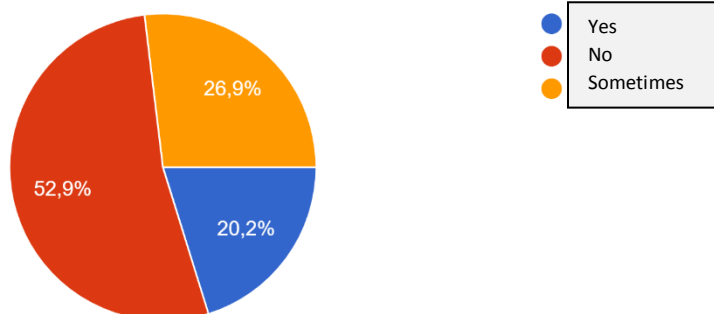
20. Do you include beans in your daily diet regularly?

104 answers



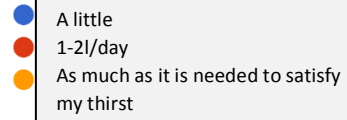
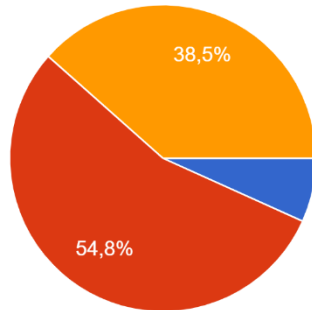
21. Do you have sweet fizzy drinks regularly?

104 answers



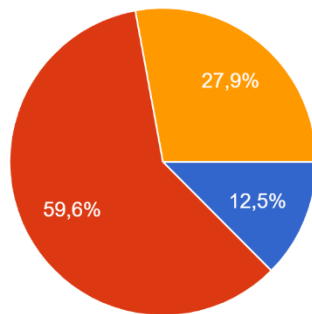
22. How much water do you drink?

104 answers



23. Do you usually eat ready cooked products (for instance: pre-packed sandwiches, pre/semi-cooked meals from supermarkets)?

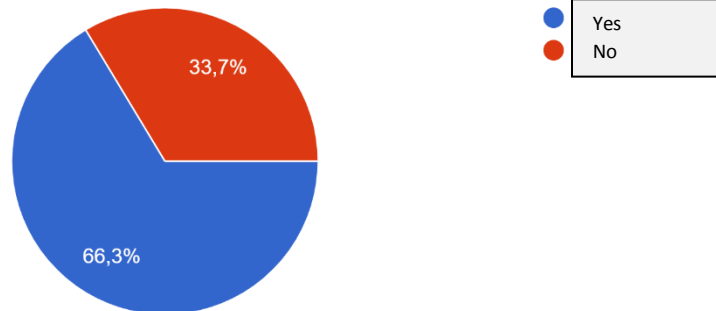
104 answers





24. Do you regularly use reusable items when you cook/ do shopping?

104 answers



25. Do you spend time 'recycling' food leftovers from the fridge?

104 answers

