

Tomato and cucumber salad

Ingredients:

- 5 – 6 cucumbers or 1 long cucumber
- 4 large tomatoes or 8 -10 cherry tomatoes
- 1 spring onion
- oil
- lemon juice or vinagre
- salt
- pepper

Method of preparation:

Wash all the vegetables with cold clean water.

Peel the cucumbers with a peeler.

Slice the cucumbers in thin slices, put them in a large bowl and add a pinch of salt.

Peel and slice the onion.

Add the onion to the bowl and mix with the cucumbers.

Slice the tomatoes.

In a container that can be covered (a jar, for instance), add 2 spoonfulls of oil.

Add a little lemon juice or vinagre. Close the container and shake it well till the liquids inside are homogenous and pour the content of the container on the tomatoes, the cucumbers and the spring onion, already mixed in the bowl.

Serve it immediately.

